

Anniversary SOUND CONGRESS

1-3 March 2024

ONLINE & City Hall Gersfeld/Germany



Transform your life with sound !

Friday, 01.03.2024

- 18.00 Dinner
- 19.30-19.45 **Congress Opening** with Peter Hess
- 20.00-20.45 Opening presentation: **Sound Transformation: A Sensual-Scientific Look into the Mysterious Power of Sounds**, Prof. Dr. Thilo Hinterberger
- 21:00-22:00 **Concert „The dharma of love“** with Peter Gabis

Saturday, 02.03.2024

- 7.30-8.30 **Emily Hess®-Sound of yoga**, Janine Gabelmann
- 9.30-9.50 **Opening with Sound Meditation for Sound Transformation**, with Peter Hess
- 10.00-10.45 **Lecture: Self-healing powers, resilience & health – How we can strengthen them**, PD Dr. Uwe H. Ross
- 11.00-11.15 **Lecture: The academization of sound therapy in the therapeutic sciences**, Dr. Tanja Neufeld
- 11.15-12.30 **Lecture: “Miracle” sound massage – The beneficial and healing effect of sounds**, Peter Hess & guests

12.30-15.00 *Lunch & Break*

15.00-18.00 Impuls-workshop:

- **Sound transformation – taking life into your own hands (again)!**, Peter Hess & Ulrich Krause
- *Note: There are further impulse workshops, but these will be held in German without translation. (see program in German).*

18.00-19.30 *Dinner & Break*

19.30-20.30 **Celebration evening: 40 years of sound massage – Together we bring the sounds into the world!**

accompanied by storyteller Michaela Scherenberg

ab 20.30 **Party** with 6r-90s music!

Sunday, 03.03.2024

- 7.30-8.30 **Emily Hess®-Sound of yogamit** Janine Gabelmann
- 9.30-9.45 **Opening with Sound Meditation for Sound Transformation**, with Peter Hess

10.00-13.00 Impuls-workshop:

- **The Art of Living – The art of living your basic trust!** Emily Hess
- *Note: There are further impulse workshops, but these will be held in German without translation (see program in German).*

13.15-13.30 **Common farewell**



Organizer: International Association of Sound Massage Therapie
in cooperation with Peter Hess® Institut und Hess Sound
Detailed information and registration: www.klangkongress.de/en/